From the Ramayana

1, 2. Beholding Sri Rama, standing absorbed in thought on the battlefield, exhausted by the fight, and Ravana facing Him, duly prepared for an encounter, and approaching Sri Rama, the glorious sage Agastya, who had come in the company of gods to witness the encounter now spoke as follows:

3, 4, 5. Rama, O mighty-armed Sri Rama, hearken to the following eternal secret, in the form of a holy, eternal, immortal and supremely blessed and excellent encomium, entitled the Aditya Hridaya, the blessing of all blessings, by means of which, my child, You will conquer once for all Your adversaries on the battlefield, and which is calculated to bring victory, root out all sins, allay all anxiety and grief once for all and prolong life.

6. Worship the Sun-God, the ruler of the worlds, who is crowned with rays, who appears at the horizon, who is greeted by gods and demons, and brings light.

7. Indeed, He is the embodiment of all gods and full of glory and creates and sustains the gods and the demons as well as their worlds by His rays.

8, 9, 10. Indeed, He is the same as Brahma as well as Vishnu, Lord Shiva, Skanda, Prajapati, the mighty Indra, Kubera, Kala, Yama, Soma, Varuna, the Pitris, the Vasus, the Sadhyas, the Ashwins, the Maruts, Manu, Vayu, and
the god of Fire. He constitutes created beings, He is the life-breath, the source of the seasons, the store-house of light, an offspring of Aditi, the progenitor, the Sun-God, the courser in the heavens, the nourisher, the possessor of rays, the golden, the brilliant, the One whose energy constitutes the seed of the universe and the maker of day.

11, 12, 13, 14, 15. He has seven green horses, is myriad-rayed, full of rays, the destroyer of darkness, the source of happiness, the mitigator of suffering of His devotees, the infuser of life in the lifeless cosmic egg, all-pervading and the cause of the creation, preservation and destruction of the universe. He is blissful by nature, the ruler of all, the bringer of day and the Teacher. A son of Aditi, He bears the fire of dissolution in His womb, is bliss personified and all-enveloping, the destroyer of cold, the lord of the heavens, the disperser of darkness, a master of the three Vedas, the sender of thick showers and the friend of water. He courses swiftly along His own orbit, carries in Him the resolve to evolve the universe and is adorned with a circle of rays. He is death, tawny and the destroyer of all. He is omniscient, all-formed, endowed with extraordinary brilliance, coppery, the source of all evolutes, the controller of lunar mansions, planets and stars, the creator of all, the resplendent among the splendid. O God, appearing in twelve forms, hail to You!

16. Hail to the eastern mountain and hail to the western mountain. Hail to the lord of hosts of luminaries, the lord of the day.

17. Hail to the giver of victory, hail to the joy born of victory! Hail to the God having green horses. Hail, hail to You with thousands of rays! Hail, hail to You, son of Aditi!
8. Hail to the subduer of the senses, the valiant one! Hail to You as denoted by the mystic syllable OM! Hail to the awakener of the lotus! Hail to You, the fierce one!

19. Hail to the ruler of Brahma, Lord Shiva and Lord Vishnu! Hail to the Sun-God, the light indwelling the solar orb, the resplendent one, the devourer of all, appearing in the form of Rudra.

20. Hail to the dispeller of darkness, the destroyer of cold, the exterminator of foes, the One whose extent is immeasurable, the destroyer of the ungrateful, the God who is the ruler of lights!

21. Hail to You, possessing the luster of refined gold, the dispeller of ignorance, the architect of the universe, the uprooter of darkness, splendor incarnate, the onlooker of the world!

22. The aforesaid Lord alone actually destroys, brings into existence and sustains all that has come into being. He radiates heat by His rays and sends showers.

23. Planted in created beings, he remains awake when they have fallen asleep. Nay, He Himself is the act of pouring oblations into the sacred fire as well as the fruit attained by those who pour such oblations.

24. Nay, He comprises the gods as well as the sacrifices as also the fruit of sacrifices. Again, He is the Supreme Controller of activities which are found in all living beings.

25. No individual celebrating the aforesaid Lord in strait, in difficulties, in the woos as well as in times of peril comes to grief, O scion of Raghu!
26, 27. Worship the aforesaid Lord of the universe, the adored of gods, with a concentrated mind. Muttering this praise three times, one will come out victorious in combats. You will make short work of Ravana this moment, O mighty-armed one! Saying so, the celebrated Sage Agastya thereupon left in the same way as he had come.

28. Hearing this advice, Sri Rama, who was endowed with extraordinary energy and had a subdued mind, found His grief immediately dissipated. Nay, feeling greatly delighted, He retained the alleluia in His memory.

29, 30. Sipping water thrice and getting purified, looking intently on the Sun and repeating this prayer, the Valiant One experienced supreme felicity. Seizing hold of His bow and fixing his eyes on Ravana, the hero advanced with a view to attaining victory. He stood vowed to kill Ravana with an intense and all-sided effort.

31. Delighted in mind to gaze on Sri Rama, feeling supremely exhilarated on perceiving the destruction of Ravana at hand, the Sun-God, standing in the midst of a host of gods, exclaimed: "Make haste!"